

# RESTORATION FOR ALL

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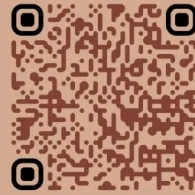
## *11th African Mental Health Summit*

**ELEVATING VOICES, EXPANDING ACCESS:  
COMMUNITY INTERVENTIONS DRIVING MENTAL  
HEALTH DATA AND TRANSFORMATION**

Across the African diaspora, community remains our most powerful resource, and yet, too often, the voices within our communities are overlooked in shaping mental health systems. This year's African Mental Health Summit centers the lived experiences, stories, and strategies of African immigrants, refugees, and asylum seekers to drive fundamental transformation. This summit will spotlight trailblazers who translate grassroots wisdom into scalable systems change. Together, we will explore how data rooted in culture and dignity can inform funding, shape programming, and transform care, locally and globally.

This year's summit includes Pre-Conference Trainings on July 9th and 10th, an opportunity for skill-building and deeper engagement.

*Join us as we uplift  
voices, champion  
access, and reimagine  
the future of African  
mental health.*



**FRIDAY, JULY 11  
9 AM - 4:30 PM**

**HERITAGE CENTER OF  
BROOKLYN CENTER**

**INTERESTED IN SPONSORING OR TABLING AT THE  
SUMMIT?**

**EMAIL US AT [AFRICANMENTALHEALTHSUMMIT@GMAIL.COM](mailto:AFRICANMENTALHEALTHSUMMIT@GMAIL.COM)**

# *Multi-Faith African Leadership Roundtable: Uniting Faith to Protect and Uplift Immigrant Families*

TUESDAY, JUNE 24<sup>TH</sup>, 2025

9:00 AM - 12:00 PM

EMBASSY SUITES BY HILTON

6300 EARLE BROWN DR, BROOKLYN CENTER, MN 55430

**REGISTER HERE**



**CONTACT:** info@restoreall.org;  
(651) 493-6646

Lend your voice, unite across traditions,  
and champion healing for immigrant  
families. Light refreshments provided.

## *Real Stories to Real Solutions*

Faith leaders are the first responders of the soul. Through roundtable discussions, networking, and action planning, we'll confront:

- Gaps in culturally competent care
- Youth suicide and addiction
- Mental health stigma
- Cultural isolation



*Be Restored. Be Empowered.*  
Restoration for All, Inc.



**Restoration For All, Inc. Presents**

**Multi-Faith African Leadership Roundtable**

## *Stakeholders Consultative Meeting: Unmasking the Youth Suicide Crisis & Strengthening Collaborative Action for Community Well-being*

ON MARCH 12, 2025, A DIVERSE GROUP OF STAKEHOLDERS GATHERED AT BROOKLYN CENTER, MN, FOR A TRANSFORMATIVE STAKEHOLDERS CONSULTATIVE MEETING FOCUSED ON ONE OF THE MOST URGENT ISSUES IN OUR COMMUNITY: YOUTH SUICIDE AMONG AFRICAN IMMIGRANT AND REFUGEE POPULATIONS.

THE EVENT WAS ATTENDED BY YOUNG PEOPLE, COUNTY AND STATE WORKERS, COMMUNITY LEADERS, SERVICE PROVIDERS, AND A REPRESENTATIVE FROM THE GOVERNOR'S OFFICE, REFLECTING THE BROAD COALITION OF CONCERN AND COMMITMENT AROUND THIS ISSUE.

### ***Purposeful Conversations, Powerful Testimonies***

Throughout the gathering, we heard deeply moving personal stories from youth and community members directly impacted by suicide and mental health challenges. These testimonies were more than narratives—they were urgent calls to action that underscored the immediate need for systemic change, trauma-informed care, and sustained investment in our communities.

Key takeaways from the discussions included:

- Breaking cultural stigma is essential to increasing help-seeking behaviors among African immigrant and refugee youth.
- There is an urgent need for better data collection to reflect the lived realities of our communities.
- Culturally responsive and community-rooted services must be prioritized and funded.
- Cross-sector partnerships, including county, state, and community collaborations, are vital to creating sustainable solutions.

We invite you to become part of this vital work. Together, we can build a future where every young person, no matter their background, feels seen, supported, and safe.

### ***Interested in joining the coalition?***

Scan the QR code provided to sign up.

**If you have questions or want to learn more, please contact Victor, [victor@restoreall.org](mailto:victor@restoreall.org)**

### ***A Call to Continue the Work***

While the meeting offered valuable insights and connections, it also highlighted how much work remains. The event served as a springboard for deeper engagement and collective action.

To truly make an impact, we must:

- Expand our coalition and bring more voices to the table.
- Invest in youth-led and culturally grounded mental health programming.
- Advocate for systemic changes at the county and state levels to close service gaps.

### ***Join the United Resilience Coalition***

This effort is anchored by the **United Resilience Coalition**, a collaborative network committed to supporting African immigrants and refugees in their mental health journeys.

The coalition works to:

- Foster resilience and suicide prevention
- Increase access to culturally competent resources
- Promote policy advocacy and systems change
- Create a united platform for action



[Restoreall.org](https://restoreall.org)